



Tips for a safer celebration

Having a party can be a lot of fun and also: a lot of responsibility. If things get out of hand – the hangover will be the least of your problems – so here are some tips for a safer party:

- “Meet, Greet, Repeat”. Meet your guests as they arrive. Are they driving? Have they already been drinking somewhere else? Check in on your guests through the evening and make sure none are imbibing to excess – if they are – subtly offer them something alcohol-free like punch or coffee.
- Have lots of snacks (nothing too salty as they can make you thirstier!)
- Be creative with including alcohol-free drinks or non-alcoholic beer/wine; using garnishes, crushed ice, cinnamon sticks and so on is a nice way to say “thank you” to the designated drivers
- Serve alcohol drinks yourself or hire a Smart Serve certified bartender. Use a standard shot-glass to measure alcohol for mixed drinks (don’t free-pour)
- Keep cab numbers handy or call 1-888-TAXIGUY; have some extra cash for a cab if needed
- Be prepared for guests to stay overnight AND remember that alcohol is eliminated from your body at 10-15 mg/hour so heavy drinking can result in a “morning after” impaired driving charge: *drivers have been found to have alcohol in their system even after sleeping for six or more hours*
- Drink sensibly yourself and have a plan in the event that things get out of hand
- Never let your guests drive if they are showing signs of impairment